FACE COVERINGS

Recommendations from the Center for Disease Control. More information can be found at: https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html

Wear your Face Covering Correctly
• Wash your hands before putting on your face covering
• Put it over your nose and mouth and secure it under your chin
• Try to fit it snugly against the sides of your face
• Make sure you can breathe easily

Take Off Your Cloth Face Covering Carefully, When You’re Home
• Untie the strings behind your head or stretch the ear loops
• Handle only by the ear loops or ties
• Fold outside corners together
• Place covering in the washing machine
• Be careful not to touch your eyes, nose, and mouth when removing
• Wash hands immediately after removing.

How to clean
Washing machine
• You can include your face covering with your regular laundry.
• Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering.

Washing by hand
• Prepare a bleach solution by mixing:
  • 5 tablespoons (1/3rd cup) household bleach per gallon of room temperature water; or
  • 4 teaspoons household bleach per quart of room temperature water
• Check the label to see if your bleach is intended for disinfection. Some bleach products, such as those designed for safe use on colored clothing, may not be suitable for disinfection. Ensure the bleach product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser.
• Soak the face covering in the bleach solution for 5 minutes.
• Rinse thoroughly with cool or room temperature water.

Make sure to completely dry cloth face covering after washing.

How to dry
Dryer
• Use the highest heat setting and leave in the dryer until completely dry.

Air dry
• Lay flat and allow to completely dry.
• If possible, place the cloth face covering in direct sunlight.

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